



## The Ecologically Sustainable Medicine (ESM) Network

### What is the ESM Network?

Health care professionals have the power to affect positive environmental change. This is the primary vision fueling the ESM Network.

The ESM Network is a national community of health care professionals dedicated to the principals and practices of sustainable medicine. Network members work together with Teleosis to develop eco-friendly health care services, recognize environmental illness, build community, share resources, and educate patients about environmental health and healing. The network is practical and useful, and serves as a powerful resource, enabling its members to grow new skills as eco-wise health care professionals.

A primary goal of the ESM Network is to offer a framework for implementing green health care services. In each of the following areas, Teleosis offers educational resources, implementation tools, and coaching. The best way to access these resources on a regular basis is to join the ESM Network.

### Network Goals

- Create an eco-friendly office and minimize resource consumption and waste
- Stay informed about environmental issues, sharing pertinent information as part of your practice
- Provide a monthly Ecological Wellness Circle to create an eco-wise community
- Use ESM treatments wherever possible
- Provide low-cost services to make your services equitably available
- Meet regularly with other ESM professionals to receive peer support and build community

### Member Profile

#### Andrew Jameton, PhD

Andrew Jameton (Ph.D., University of Washington, 1972) is a philosopher and has taught ethics in academic medical centers for over thirty years. Currently, he is focusing on ethical issues related to sustainability and the environmental impact of U.S. health care. With Jessica Pierce, he co-wrote *The Ethics of*



*Environmentally Responsible Health Care* (see review on page 26). The book developed the concept of a Green Health Center that would provide modest, widely accessible, health care

sustainably and epitomize ethical principles combining ecological and bedside concerns. Jameton says he is “torn between writing articles on the puzzling philosophical questions of creating sustainable health care (Advantage: Lots of work needed. Drawback: Dead trees.), and hustling ahead on creating a Green Health Center (Advantage: Why wait? Drawback: Don’t know how. Also, need to work with my employer, the University of Nebraska Medical Center.)” He trusts that Teleosis offers opportunities to do some of each. Professor Jameton is also co-founder and treasurer of City Sprouts, an urban, organic, community garden project.