

## Leadership in Green Health Care Frequently Asked Questions

- 1. What is Sustainable Medicine?** Sustainable Medicine is an approach to health and wellness that focuses on sustainable, cost-effective health care and preventative self-care education. Sustainable medicine recognizes the link between the environment, medicine and human health and seeks to provide better health care while protecting our limited environmental and medical resources. Medical practices that meet these criteria include a range of effective preventative and complementary therapies that are: Renewable and non-toxic; Affordable and accessible; Adaptable and flexible; and Protective of human and environmental health.
- 2. How long is the course?** 8 weeks
- 3. What is my time commitment per week?** Participants usually spend 5-8 hours per week on the course. This includes listening to the audio lecture, reading assignments, action steps, conference calls and participating in the online discussion.
- 4. Is there a specific time I need to be online?** No. The course is in a flexible format that allows busy participants to complete course when it's convenient. Participants have one week to listen to the audio lecture, read the assignments and participate in the online discussion. What time you choose to do this is up to you! There will be topic specific conference calls with guest speakers during the course. Conference call attendance is not required but highly encouraged as it provides an exciting interactive educational opportunity for students. Students will be provided with the conference call schedule prior to the start of the course.
- 5. Are there continuing education credits available?** Upon successful completion of the course doctors and nurses can receive 40 continuing education credits. Please visit [www.teleosis.org/ghc-accreditation.php](http://www.teleosis.org/ghc-accreditation.php) for detailed information.
- 6. Will you address specific health care specialties?** Since our participants come from a wide variety of backgrounds, it would be impossible to address each and every specialty/modality. The theory and research for sustainable medicine is applicable to all modalities, and we trust the individual practitioners will integrate their professional perspective.
- 7. How much does the course cost?** The course is \$945 for non-members; \$695 for Teleosis and Practice Greenhealth members; and \$350 for student members in the health care field. Visit the website, [www.teleosis.org/ghcp.php](http://www.teleosis.org/ghcp.php), for early registration discounts.
- 8. Will this course teach me how to “green” my practice?** Yes! The course offers resources and tools to evaluate the sustainability of your practice.
- 9. What are the benefits of taking “Leadership in Green Health Care”?** Green Health Care Professionals can expect to reap immediate and ongoing program benefits including:
  - An understanding of the many solutions that Sustainable Medicine offers;
  - Strategies and resources for helping patients live healthier lives;
  - Opportunities for health care providers and patients to save money;
  - A safer and healthier clinical environment for clients, staff and oneself; and
  - Knowledge that new solutions exist and that one's actions impact health care and the environment.

10. **What types of providers take this class?** Since 2006, we have graduated over 50 health care professionals. This includes: Primary Care Providers, Medical Doctors, Naturopathic Doctors, Nurses, Nurse Practitioners, Dentists, Dental Hygienists, Complementary Medicine Providers, Mental Health Providers, Health Educators and Health Care Administrators. For a full graduate list visit: [www.teleosis.org/ghcp-participants.php](http://www.teleosis.org/ghcp-participants.php)
  
11. **Is there ongoing support once I graduate from the program?** Yes! Teleosis manages a GHC Alumni forum where participants can discuss new developments, strategies, obstacles, etc...they are facing with “Green Health Care.”