



LEADERSHIP IN GREEN HEALTH CARE

Online Course in Sustainable Medicine

Approved for 40 hours of continuing education credits*

TELEOSIS INSTITUTE

www.teleosis.org

WHAT IS LEADERSHIP IN GREEN HEALTH CARE?

Leadership in Green Health Care prepares health professionals to become leaders in the emerging discipline of Sustainable Medicine. Sustainable Medicine recognizes the link between the environment, medicine and human health and seeks to provide better health care while protecting our limited environmental and medical resources.

The Leadership in Green Health Care online course reviews the most up-to-date theory and research behind Sustainable Medicine and introduces participants to the best practices for initiating green health care—from greening their offices, to offering affordable and renewable medical treatments, and promoting community and environmental health.

Participants collaborate online to exchange strategies and pioneer ideas for affecting change within their communities and medical practices. The online, interactive dialogue among like-minded professionals creates a supportive and inspiring learning environment.

THE RELATIONSHIP BETWEEN HEALTH AND THE ENVIRONMENT

The reality of widespread environmental degradation and the presence of environmental health hazards in many aspects of our day-to-day life pose a significant and increasing challenge to human health. Surprisingly, conventional medical practices have vastly contributed to the deterioration of the environment. Hospitals are producing over 2 million tons of medical waste each year. The repercussions are widespread. For example, 80% of our rivers, lakes, and streams contain traces of commonly prescribed pharmaceuticals, such as antibiotics, steroids and hormones, blood pressure medications, and pain relievers.

An over-reliance on pharmaceutical and high-technology-based medicine generates significant amounts of pollution and solid waste, to the exclusion of medical treatments that are safe, effective, and sustainable. All of these practices vastly contribute to the degradation of the environment and human health.

The Hippocratic Oath says “First, do no harm.” We trust and value our health care providers and institutions as places to find healing and healthy environments as well as knowledge of environmental risks. It is thus ironic and unacceptable that the current system of conventional medicine, though at times highly effective, also poses a significant threat to human and environmental health. We can and we must do better.



LEADERSHIP IN GREEN HEALTH CARE:

A Course in Environmentally-Sustainable Medicine

Sustainable Medicine recognizes that human health and the environment are inextricably linked. Our course offers:

- Current research and theory supporting Sustainable Medicine
- Best Practices for introducing affordable and renewable green health care into your consultations
- Strategies for affecting positive change for the environment and medical practices
- Connect with other forward-thinking healthcare professionals

COURSE TOPICS

1. Leadership and Green Health Care
2. Integral Theory and Medicine
3. Ecological Literacy
4. Sustainability
5. Sustainable Medicine
6. Precautionary Principle and Wellness
7. Biological Systems and Stressors
8. Green Pharmacy

For course objectives visit
www.teleosis.org/greenhealthcare

FORMAT

This interactive online course is designed for busy health professionals seeking a flexible format where they can learn at their own pace. Audio lectures, reading assignments and discussion forums are used to review the most current research and theories about sustainable health care.

COURSE BENEFITS

- An understanding of the many solutions that Sustainable Medicine offers
- Strategies and resources for helping patients live healthier lives
- Opportunities for health care providers and patients to save money
- A safer and healthier clinical environment for clients, staff and oneself, and
- Knowledge that new solutions exist and that one's actions impact health care and the environment.

ACCREDITATION

Physicians and nurses who successfully complete the Leadership Course are eligible for 40 continuing education credits.*

Accreditation Statement and Designation for Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The Physicians Academy for Clinical and Management Excellence and Teleosis. Physicians Academy is accredited by the ACCME to provide continuing medical education for physicians. The Physicians Academy for Clinical and Management Excellence designates this educational activity for a maximum of 40 AMA PRA



Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Accreditation Statement for Nurses

This continuing nursing education was approved by the AHNA's Education Approver Committee, an accredited approver by the American Nurses Credentialing Center's COA. Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

FACULTY

- Dr. Joel Kreisberg, DC, MA — *Adjunct Professor, School of Holistic Studies, John F. Kennedy University, Pleasant Hill, California.*
- Dr. Ilene Ruhoy, MD, PhD — *Director of the Institute for Environmental Medicine, Touro University School of Osteopathic Medicine, Las Vegas, Nevada.*
- Dr. Calista Hunter, MD — *Board Certified physician in both Endocrinology and Internal Medicine.*
- Niyati Desai, MA — *Adjunct Professor, Integrative Healthcare, California Institute of Integral Studies.*

REGISTRATION INFORMATION

Leadership in Green Health Care is an 8-week online training course for health professionals.

2009 COURSE DATES:

July 24 - September 18, 2009

September 11 - November 6, 2009

October 16 - December 11, 2009

TUITION:

\$945 (non-members)

\$695 (Practice Greenhealth members)

Register Early for a \$100 Discount!

Course limited to 30 participants

To register, visit www.teleosis.org



“The Green Health Care Program is a practical, effective way of implementing environmentally responsible actions in the medical environment. This program should be followed in every office, clinic, and hospital across the land.”

— LARRY DOSSEY, MD
Author and Teleosis
Advisory Board Member



TELEOSIS INSTITUTE

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GREEN HEALTH CARE	TRADITIONAL HEALTH CARE
Links the environment and human health	Environmental impacts on health are only acknowledged by specialists in environmental medicine
Delivers affordable medicine	Costs rise at an annual growth rate of 8.2%—three times the rate of overall inflation
Offers renewable medicine	Hospitals generate more than 2 million tons of waste each year
Creates healthy workplaces	Only considers occupational risks
Fosters environmental advocacy	Waits for research to prove environmental consequences
Protects people and the environment	Contributes to environmental degradation